



*The South Jersey Psychological Association invites you to join us
for a breakfast meeting and presentation on March 29, 2019:*

**Working with African American Women & Men in Psychotherapy:
The Intersection Between Trauma, Race, Culture, and Gender
and Its Impact on Psychological Well-Being**

Presenters:

**Daniel Lee, Ph.D.,
NJ License 35SI 00461200, and
Angela Clack, PsyD, LPC**

When:

Friday, March 29, 2019
Breakfast and registration 8:00 - 8:30 am,
Presentation 8:30 - 11:30 am

Where:

Ponzio's Diner, 7 West Route 70, Cherry Hill, NJ 08003
Location is ADA accessible.

**Program Registration Fee*
(pay at time of event):**

Non-SJPA Member \$60; SJPA Member \$45;
ECP Fee \$35; Students – free with school ID
*Non-refundable

3 CE credits

**Cost of CE Certificate paid to
NJPA after program:**

Free for NJPA Sustaining Member;
\$15 NJPA member; \$25 Non-NJPA member
This is an Intermediate level program for psychologists

RSVP by March 22, 2019:

https://sjpa_march2019.eventbrite.com

Learning Objectives

This workshop is designed to help participants:

1. Describe the dominant worldview and theories that most clinicians are trained and educated in that create biased, and prejudiced cultural assumptions that pathologize women and men of color who present for psychiatric care.
2. Identify the cultural variables, social constructions, historical contexts and their intersection with gender, class, and race that impact the psychological well-being of women and men of color.
3. Assess and deconstruct potential cultural factors that impede professional help seeking in the African American community.
4. Discuss Access to Culturally Inclusive and Culturally Sensitive Quality Mental Healthcare and approaches to clinical situations through vignettes.

Presenters do not have any commercial support and/or conflict of interest for this program.

This program is co-sponsored by NJPA and South Jersey Psychological Association. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for this program and its contents.

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For several decades now, the knowledge base about psychological trauma has continually expanded in the professional literature (Friedman, Keane, & Resick, 2007 as cited in Courtois & Gold 2009). However, this expanding base has not increased its scientific attention and focus on race, ethnicity, culture and psychological trauma. Black adults in the US are 20% more likely to report serious psychological distress than white adults and are more likely to meet diagnostic criteria for Post-Traumatic Stress Disorder (PTSD).

Despite the emotional and physical consequences of mental health problems black women, and even more so, black men are less likely to seek treatment. Our goal as clinicians of color are to depathologize and eliminate the feelings of oppression and invisibility that is often felt by women and men of color who may or may not have the privilege or right to seek treatment. This workshop will have significant relevance for your work and will be helpful in expanding your knowledge base in working with women and men of color.